



## NOTES FROM ICCER

January was Alzheimer Awareness month. Not exactly a month to celebrate, but rather to reflect and act. At ICCER we have been busy getting ready for our Responsive Behaviours Symposium 2018 coming up on February 15<sup>th</sup> (more details below). As well, Communications Coach, Mark Marcynuk, and I went up to Fort Chipewyan to deliver the "Communication Tools to Enhance Care" workshop. We were very pleased that the 'deep freeze' that all of Alberta was in ended before we went north.

With the Responsive Behaviours Symposium, we have faced some technical challenges as a result of Alberta Health Services changing their videoconference scheduling system. We have asked everyone to register directly with us, but fear there could be some confusion with individuals registering on iScheduler. With the new system, we cannot see who has registered. Please bear with us if there is some confusion on February 15<sup>th</sup>!

Sandra Woodhead Lyons, PHEc  
Executive Director, ICCER

**Individual ICCER memberships can be purchased/renewed starting February 1, 2018 for the 2018-19 year! Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year.** If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits!

Individual memberships will run April 1<sup>st</sup> to March 31<sup>st</sup> of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

*[Click here for more details on what's included in an individual membership!](#)*

## OUT & ABOUT WITH ICCER

The Athabasca Cree First Nation and Nune Health Authority invited ICCER and Mark Marcynuk (Dynamite Coaching) to Fort Chipewyan to facilitate the "Communication Tools to Enhance Care" workshop on January 23<sup>rd</sup>. We had 23 people attend. It was Mark's first time to Fort Chipewyan, and Sandra's third. Since they arrived in the dark, worked all day and left again in semi-darkness, Mark didn't really get an opportunity to see the community—but there is talk of going back later this year!



## UPCOMING EVENTS

ICCER and the **Complex Needs Initiative** are excited to host the Responsive Behaviours Symposium on **February 15, 2018** with Kim Barthe! Kim, OTR, is a proponent of "putting your mind in the mind of the other" and teaches globally about understanding what is behind complex behaviours. Her specialties include attachment, trauma, addiction, sensory processing, movement and learning. Neurobiology is integral to Kim's focus—because the more we understand how the brain works, the more we can feel compassion for ourselves and others, naturally reducing the shame and division between us. *Continued on next page...*

## UPCOMING EVENTS CONT'D

The focus of this engaging workshop is to better understand complex behaviours in older adult and geriatric populations and develop strategies to promote quality of life for all involved. Relationship building skills for those working or living with an individual with complex behaviours will be highlighted, as well as approaches to “look beyond the behaviour” and understand how behaviour is communicating unmet needs.

**Note: There is NO COST to attend this event! Kim will be presenting from South Health Campus in Calgary (sold out!). Additional videoconference sites can be booked on iScheduler.**



[Click here for more information!](#)

### SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link** to be added to our distribution list!

[Click here to subscribe!](#)

## SAVE THE DATE!

### ICCER Networking Events and Collaborative Practice Discussions

ICCER will be hosting Networking Events in both Edmonton (date TBD) and Calgary on April 16<sup>th</sup>! Speakers TBA. Collaborative Practice Discussions will be held in both cities on April 17<sup>th</sup> and 19<sup>th</sup>.

Please note: Networking events are *FREE* for ICCER members and \$50 for non-members to attend. Collaborative Practice Discussions are only open to ICCER member organizations!

### Walk with Me 2018

*Walk with Me: Changing the Culture of Aging in Canada* brings together older adults/residents, care partners, educators, policy makers, students and researchers from all over the country to learn about how to enhance the journey of aging across the continuum of care and community living. The conference will be held on **March 5-6, 2018 in Niagara Falls, ON**. The 3 keynote speakers at the 2018 Conference include Ashton Applewhite, Anti-ageism Activist, Author of “This Chair Rocks” and a TED2017 mainstage speaker; Dr. Emi Kiyota, Founder and President of Ibasho, a consultant to numerous age-friendly design projects in the USA, Europe, Asia and Africa; and Neil Pasricha, a Harvard MDA, *New York Times* bestselling author, award-winning blogger and one of the most popular TED speakers in the world. **Early bird registration has been extended to January 31<sup>st</sup>!**

## JOIN OUR COMMUNITY OF PRACTICE

### Music Care CoP

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP). **All ICCER members are welcome to participate in the CoP!** Staff who are interested and willing to participate, please contact Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).

**The next Music Care CoP meeting will be held via teleconference in March 2018.**

### SUBSCRIBE TO THE ICCER NEWSLETTER

Click below to receive future issues of our Newsletter!

[Click here to subscribe!](#)

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## INTERESTING RESOURCES

- The first week of February is National Therapeutic Week and the whole month is celebrated as National Therapeutic Recreation month! If you are not sure what Recreation Therapists do, ask a Recreation Therapist or Recreation Therapy Assistant at your facility to go for coffee and talk about their role!
- ICCER has information on a study examining the role of recreation therapy activities in supportive living and long-term care in Alberta that was conducted with Dr. Gordon Walker and Dr. Robert Haennel (University of Alberta) on our website! [Check out the final report and related presentations!](#)
- Check out the Alberta Therapeutic Recreation Association (ATRA) website: [www.alberta-tr.org](http://www.alberta-tr.org)
- The Canadian Therapeutic Recreation Association (CTRA) also has a website: <https://canadian-tr.org/>

### CONNECT WITH US ON SOCIAL MEDIA

 [www.facebook.com/iccer.ca/](http://www.facebook.com/iccer.ca/)

 @ICCER\_AB

 <http://tinyurl.com/p9eabah> (Group)

 <http://tinyurl.com/oo6kjmd> (Company)

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*Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily ([emily@iccer.ca](mailto:emily@iccer.ca)).*

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